

## The Elementary School Years

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## Elementary School Years

- There is a progression:
  - Physically
  - Cognitively
  - Emotionally
  - Socially
  - Psychologically

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A Solid Base of Knowledge is Very Useful

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### Psychosocial Issues

- School
- Peers
- Manipulation/Power Struggles
- Self-esteem
- Impact on diet on family life

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### Age Appropriate Education

- Anatomy
- Biology
- Biochemistry
- Genetics
- Diet for Life

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### Nutrition Education

- *Modified Food Pyramid*
- Supermarket
- Dramatic Play
- Role Playing
- ABC's

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## Genetics - Education

- Ways we are alike / Ways we are different
- Thumbprint people
- Personalized Disk

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